

## Cancer Support Treatment

Western cancer treatments are used to shrink, slow the growth or destroy cancer cells within a body. The side effects commonly associated with cancer therapies are a result of these therapies also damaging healthy cells when administered. Unfortunately, this is a necessary means to the cancer cells and in most cases, unavoidable. The goal of treatment is to kill the cancer cells while minimizing damage to normal cells. The most common cancer treatments:

- **Chemotherapy:** A type of cancer treatment that uses drugs to destroy cancer cells. Chemotherapy works by slowing or stopping the growth of the cells.
- **Radiation Therapy:** High-energy radiation from x-rays, gamma rays, neutrons, protons and other sources to kill cancer cells and shrink cancerous tumors.
- **Surgery:** Cryosurgery is a technique for freezing and killing abnormal cells. This treatment can be used inside the body (internal tumors, bone tumors) or on the skin's surface with liquid nitrogen.

Symptoms associated with cancer treatments are as follows:

- Hair Loss
- Nausea & Vomiting
- Fatigue
- Pain

- Anemia
- Infection
- Kidney & Bladder Infections
- Mouth, Gum and Throat Problems
- Diarrhea & Constipation
- Nerve and Muscle Effects
- Sexuality Effects
- Nail & Skin Effects
- Blood Clotting

Acupuncture treatments provide a safe, natural way to alleviate cancer symptoms. The Traditional Chinese Medicine (TCM) sees the human body as an integrated being. It works with vital energies inherent within all living things to promote the body's ability to heal itself. Qi (pronounced "chee") is a vital energy that flows through meridians, pathways that run throughout the entire body. Qi protects the body from illness and provides nourishment to cells, tissues, muscles and organs. During acupuncture treatments, fine, sterile needles are inserted at specific acupoints along these meridians to release Qi, unblock obstructions and correct imbalance.

Acupuncture practitioners recommend a holistic health approach inclusive of herbal remedies, massage and stretching. According to Eastern holistic medicine, treatment of tinnitus requires lifestyle changes with overall health as its goal.

- Exercise increases flexibility, maintains weight and strengthens muscles

- Diets including anti-inflammatories, unprocessed and organic foods
- Stress reduction through breath, meditation and yoga
- Achieving a balance of rest and relaxation

## Procedures of Acupuncture

During a treatment, specific acupuncture points are stimulated to balance bioelectric energy circulation and promote the body's own natural healing abilities. A balance of energy in the body yields mind-body relaxation and optimized physiological functions of the body. The whole procedures last about 20 minutes, during which time patients are very relaxed and comfortable.

## Acupuncture goes Mainstream

Acupuncture is recognized by the National Institutes of Health (NIH) and the World Health Organization (WHO) as effective in treating these conditions.

- Addiction-alcohol, drug, smoking
- Anxiety/ADD
- Arthritis
- Asthma
- Back Pain
- Bronchitis
- Bursitis
- Carpal Tunnel Syndrome
- Chronic Fatigue
- Common Cold & Flu
- Constipation
- Depression
- Digestive Disorders
- Dizziness
- Facial Palsy/Tics
- Fertility/Habitual Miscarriages
- Fibromyalgia
- Frozen Shoulder/Pain
- Gastrointestinal Disorders
- Headache/Migraines
- Hepatitis B/C
- Immune system deficiency
- Incontinence
- Insomnia
- Knee pain
- Myofascial Pain Syndrome
- Neck Pain/Stiff Neck/Whiplash
- Osteoarthritis
- PMS
- Rhinitis/Sinusitis

- Sciatica
- Sports Injured
- Stress/Emotional Problems
- Stroke Paralysis/Numbness
- Tendonitis/Tennis Elbow
- TMJ
- Trigeminal Neuralgia
- Wrist Pain



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*“Experience is priceless...”*

- Graduate from the University of Hawaii with a B.S. in Bio-Chemistry
- Completed 4 years post-graduate training in Acupuncture and Herbal Medicine at American College of Acupuncture and Oriental Medicine, Houston, Texas
- Certified Neuromuscular Therapist
- Certified Craniosacral Therapist
- NAET (allergy) Therapist
- Certified Laser Therapist
- Herbalist (NCCAOM)

# ACUPUNCTURE & Herbal Remedies FOR CANCER SUPPORT

**We Specialize Treating the Following  
Conditions, But Not Limited to:**



**Healing, so you can get back to life.**

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